

CIA

2010 SUMMER FOOTBALL CAMPS

JUNE 9-11

7th-8th Grades

1:00-3:00pm Wednesday-Friday

Crusader terminology for offense and defense will be stressed along with basic football fundamentals. Campers will have an opportunity to learn all positions, but also to spend more time on a specific position. Campers will work to improve footwork and speed by using agility ladders and other speed tools.

JUNE 9-12

3rd-4th Grades

8:45-10:15am Wednesday-Friday

9:15-11:00am Saturday

Terminology, alignment and basic football fundamentals ranging from throwing, catching, running and blocking. Campers will work on footwork by using the agility ladder.

JUNE 9-12

5th-6th Grades

10:30-12:00 Wednesday-Friday

11:00am-12:45pm Saturday

Terminology, alignment, and basic football fundamentals with more information on position techniques. Campers will work to improve footwork and speed by using agility ladders and other speed tools.

CAMP MISSION:

Introduce young people to and excite them about the game of football, while teaching them proper fundamentals and execution. Proper running and speed fundamentals will also be stressed.

FOOTBALL SWEATSHIRTI!

All campers will receive a KAPAUN FOOTBALL SWEATSHIRT. (Please ensure proper size is noted).

VARSIITY GAME NIGHT!

Campers will be invited to join in a Crusader pregame. Campers will be notified at a later date of game and time.

SATURDAY DISPLAY

Come see your youngster (3rd-6th) show what they learned at the CIA Football Camp. Depending on age group, this will include alignment and running basic offensive and defensive plays. All campers will participate in the CRUSADER FOOTBALL CHALLENGE. This is a test that will combine skills and techniques learned during camp with the camper's ability to maneuver through an obstacle course.

CAMERAS-CAMERAS

Adults are invited to bring your cameras on Saturday and catch your youngster in action during the demonstrations and THE CRUSADER FOOTBALL CHALLENGE.

ICE CREAM OR PIZZA!

7TH & 8TH grade participants will be treated to ice cream after the Friday session and Saturday campers will be given a pizza lunch. (drinks will also be provided).

CAMP AGREEMENT AND PERMISSION

I give my consent and approval for participation in the CRUSADER FOOTBALL CAMP. I hereby release the Wichita Diocese, Kapaun Mt. Carmel High School and the CRUSADER FOOTBALL CAMP staff from any claims due to any injuries sustained during the camp. I verify that the camper listed below is of good physical health.

CAMPER'S NAME _____ Grade _____ (August 2010)

PARENT/GUARDIAN SIGNATURE _____ Date _____

In case of emergency, between (8:30am-3:00pm, I can be reached at the following numbers: _____ or _____ email address _____

CAMP COST: \$65 (EARLY Registration deadline is May 10, HOWEVER, registrations will be accepted until camp is completed with a \$5 late fee.)

In case of inclement weather, the camp will be held in weightroom and/or gym.

****PLEASE NOTE: EACH ADDITIONAL CAMPER FROM THE SAME FAMILY WILL HAVE A REGISTRATION FEE OF \$50