




Breakfast
Served Daily
from 7:00-7:50 A.M.

December 2017
Crusader Café



Pomegranate-Reduces
dental plaque, stomach
disorders & depression!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
|  | | The Pomegranate is a symbol of ETERNAL LIFE! | | Chicken Pita Roasted Potatoes Hummous Veggie Sticks Fruit Cup <i>BBQ Rib</i> |
| 4 | 5 | 6 | 7 | 8 |
| Crispy Chicken Salad Baby Carrots Wheat Roll Fruit Cup <i>Grilled Italian</i> | Street Tacos Mexicali Corn Refried Black Beans Cilantro Lime Rice Fruit Cup <i>Turkey Bacon Melt</i> | Shrimp Poppers Corn Mashed Potatoes Fruit Cup <i>Chicken Ranch</i> | Stuffed Crust Pizza Tossed Salad Carrots Fruit Cup <i>Chicken Fried Steak</i> | No School Feast Of the Immaculate Conception |
| 11 | 12 | 13 | 14 | 15 |
| Chicken Tenders Mashed Potatoes Corn Wheat Roll Fruit Cup <i>Southwest Chicken</i> | Cheese Filled Breadsticks Marinara Sauce Caesar Salad Bean Salad Fruit Cup <i>Grilled Italian</i> | Turkey on Focaccia Spicy Spuds Cucumber Salad Fruit Cup <i>BBQ Rib</i> | Chicken Alfredo Broccoli Fruit Cup <i>Chicken Fried Steak</i> | Crispy Fish Strips Macaroni & Cheese Broccoli Fruit Cup <i>Chicken Ranch</i> |
| 18 | 19 | 20 | 21 | 22 |
| Frito Chili Pie Red Pepper & Carrots Chunky Tomato Salsa Fruit Cup <i>Buffalo Chicken</i> | Breakfast Only | Breakfast Only | Breakfast Only | Christmas Break  |
| 25 | 26 | 27 | 28 | 29 |
| C H R I S T M A S | | | |  |
| B R E A K | | | |  |

Deli Sandwiches & Burgers are offered every day!

Please select Fruit & Vegetables for a balanced meal!

"USDA is an equal opportunity provider and employer."